



## Vegetables

Avocado Box (3.5-4KG)	Mushrooms (white) 5kg
Avocado loose	Mushrooms (brown) 5kg
Baby Marrow Box	Mushrooms (wild) 5kg
Baby Marrow kg	Mushroom pizza mix 5kg
Green Beans kg	Mushrooms Oyster/kg
Broccoli Head	Mushrooms Porcini/kg
Cauliflower	Mushrooms Portabelini (White)/kg
Onion large kg	Mushrooms Portabelini (Brown)/kg
Onion Baby kg	Mushrooms Shitake 200 pun
Red Onion kg	Mushrooms Shimeji 200 pun
Potatoes med kg	Red Pepper kg
Potatoes large kg	Green Pepper kg
Potatoes baby kg	Yellow Pepper kg
Butternut kg	Baby Carrots kg
Gem Squash Bag	Baby Corn Punet
Cabbage white	Baby turnips kg
Cabbage red	Parsnips kg
Chilli green kg	Turnips kg
Chilli red kg	Beetroot kg
Cucumber large each	Sweet Potatoes Clean kg
Lemon kg	Sweet Corn punet
Lime kg	Garlic Fresh kg
Baby cos lettuce 200gm	Ginger Fresh kg
Lettuce fancy 200g	Crushed Garlic kg
Lettuce green mix 200g	Patty pans kg
Lettuce cos 200g	Pumpkin kg
Lettuce iceberg p/packed	Pokchoi bunch
Tomato Long life kg	Parsley bunch
Tomato Cherry	Spinach large bunch
Tomato on Vine punnet	Leeks bunch
Tomato Plum	Spring Onion bunch
Brinjals kg	Carrots

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Address: Unit 5 Drill Park, Drill Avenue, Montague Gardens





## Cut Vegetables

Carrots kg
Butternut kg
Sweet Potato kg
Baby Marrow
Spinach
Sweet Corn
Broccoli
Cauliflower
Pumpkin
Brinjal cut
Roast Veg
Onion Rings
Potato Chips 7mm
Potato Chips 12mm
Potato Chips 14mm
Potato Wedges 12mm
Sweet Potato Chips
Mix Pepper cut
Green Beans
Mixed Roast Veg
Onion peeled
Red Onion Rings

Please note

All prices are subject to change according to the farms and the supplier increases

All our produce is delivered on a daily basis; we deliver to the most areas 6 days per week

Kindly ensure that you place your orders the night before for second days' early delivery

For any urgent enquiries, please contact Ebram on 084 927 5647

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E-mail: [orders@vegandmore.co.za](mailto:orders@vegandmore.co.za)

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